If using animals when we don’t have to use them is unfair, using them “just a little,” “humanely,” or “only once in a while” is unfair. Using their bodies, their milk, their hair, their eggs, or their labor is unfair. Using some animals but not others is unfair. The only way to be fair is not to use animals. That means going vegan. Veganism is also the single most important thing you can do to help nonhuman animals short term and down the road. You can get started today!